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'KATIE' SEEKS A SERIOUS TALK SHOW REVIVAL {page 14}

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Monday, September 10, 2012

First time's a charm

GETTY IMAGES

- Young Patriots step up in 34-13 Week 1 victory over the Titans
- Brady bloodied
- Ridley finally gives Pats legit run threat {page 21}

▶ Tavon Wilson intercepts a tipped pass in the end zone against the Tennessee Titans during the Patriots' season opener in Tennessee yesterday.

Too much Hub to handle?

Slew of reality shows with Boston focus close to air ◗ Reality show expert says Boston could be new Jersey Shore ◗ South Boston natives concerned about duo of Southie shows

In recent years, Boston has been the focus of stories on the big screen.

Now, a slew of reality shows close to airing will feature Boston and its law enforcement agents, union members and residents on the small screen.

Four reality shows focusing on Boston and Bostonians were announced earlier this year and two of them feature South Boston. One of those South Boston shows is scheduled to premiere this fall.

With so many shows about the Hub getting ready to air, will the nation suffer from oversaturation of Boston?

Some South Boston residents, who have expressed concern over some of the shows, said they're already "pooped" by reality TV anyway, never mind the coming onslaught of Boston broadcasts.

"I'm getting really pooped, oversaturated right now. I'm almost sick of it," said Maureen Dahill, the founder of the online neighborhood magazine Caught in Southie. "Before, it was kind of voyeuristic. I kind of like watching crazy, trashy people, but it's almost like eating too much candy."

Dahill also expressed concern about the potential for the South Boston shows pushing stereotypes and the potential for South Boston to become the new Jersey Shore.

And that is a possibility, said Robert Galinsky, the founder and principal of the New York Reality TV School.

"If there's one successful show or two out of four, you're guaranteed production companies will [swarm] into Boston and will be trying to figure out what's the next community, what's the next small pocket of people [they] can tap into and make a show out of," he said, citing the spinoffs that followed MTV's hit "Jersey Shore."

While Galinsky said it's likely the producers of the shows will feature a broad thumbnail of the Hub and will cast over-the-top Bostonians, there is a chance the shows could fail based on what he's seen of Boston on business trips here.

"If reality television fails in Boston, it's also going to be because the participants on the shows are going to be too sophisticated and too intelligent," he said. "It's a huge community of very smart people and that might not translate well with some of the car crash audiences of reality TV."

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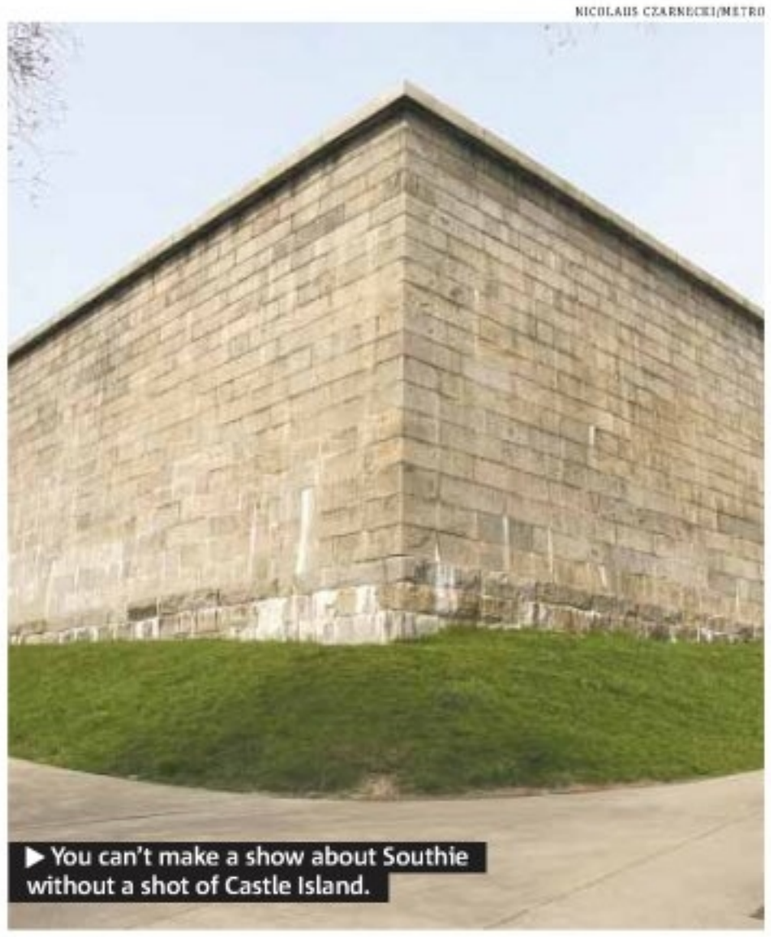
NICOLAUS CZARNECKI/METRO



▶ You can't make a show about Southie without a shot of Castle Island.

Reality real soon

A run down of the upcoming reality shows from their network descriptions:

- Boston Blue, from TNT, is a procedural docu-drama set to premiere next year that follows the members of the Boston Police Department's highly decorated gang unit.
- Southie Pride, from TLC, is scheduled to premiere this fall and will take viewers inside the homes of five South Boston women as they struggle to make a life for their families and protect the people they love the most.
- Southie Rules, from A&E, will follow one wicked-stubborn native South Boston family as they battle the relentless gentrification of their neighborhood.
- Teamsters, from A&E, produced by Mark Wahlberg, will give a firsthand glimpse of the most legendary union in the most aggressive and territorial city in America.

Can Bostonians handle the fame?

It remains to be seen whether Bostonians can handle so much exposure all at once. But at least one Bostonian couldn't ride the wave of his reality fame.

Matthew McDonald, 28, of Charlestown, pleaded guilty Friday to charges including assault and battery with a dangerous weapon and witness intimidation for attacking his pregnant girlfriend in 2010 and then making phone calls to her home after the attack.

McDonald, who was a contestant on "Big Brother 9" on CBS and "Couples Fear Factor" on NBC, is already serving jail time on federal drug charges.

Quoted

"I kind of like watching crazy, trashy people, but it's almost like eating too much candy."

MAUREEN DAHILL

In the news

9K

An estimated 9,000 people hit the streets yesterday in the 24th annual Boston Marathon Jimmy Fund Walk from Boston College to Copley Square.

Another 3,500 people were expected to participate in the Patients Walk later in the day. METRO

Today's local tweet

"How many times can I get yelled at on my walk home for my giants hoodie? #southie."

@SSAWRAANH: YOUR HOODIE IS IN THE WRONG 'HOOD, GIRL

Hockey culture report cites sex, parties in arena

BOSTON. A former student told a Boston University task force that a late-night party at Agganis Arena in 2009 included kegs in the locker room and people having sex in the hockey rink's penalty box.

The details of the secret party were included in documents provided to the Globe.

Last week, the task force released its findings on a culture of "sexual entitlement" among the men's hockey team. The task force was formed after two players were arrested for sexual assault.

14 The number of recommendations in the report released by the task force last week

Another player told the task force that "you don't ask [permission for sex] when you are drunk," according to the documents.

Coach Jack Parker originally said he was unaware of the party, but then said he knew of a few guys drinking in the locker room, according to the documents. METRO

Quidditch club swept from Boston Common

BOSTON. Emerson College's Quidditch Club has been swept out of the Boston Common. According to the Globe, Common officials have barred the club — which plays the fictional sport from the Harry Potter novels — from using the public space until a permit is obtained. Until then, the club's 200-plus players are searching for a new home to finish the season. GLOBE

Three lives taken in pair of wrong-way crashes

MASSACHUSETTS. A pair of wrong-way crashes on Massachusetts highways this weekend claimed three lives.

The most recent crash occurred Sunday just before 6 a.m. when Idefonso Barros, 58, entered Interstate 93 North just before the O'Neill Tunnel driving in the wrong direction, according to the Suffolk district attorney's office. Barros entered the highway from Frontage Road, hit another car and was killed. The other driver suffered injuries that were not life-threatening.

3 Three people were killed in crashes that involved wrong-way drivers this weekend.

The other crash occurred about 8:30 p.m. on the Massachusetts Turnpike in Ludlow Friday.

An 84-year-old Connecticut man was driving the wrong way and hit a car driven by Robert Magee, a 28-year-old Marine. Both men were killed.

Magee was driving to a weekend drill at a base in Chicopee, according to the Globe. METRO/GLOBE

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Free Rifrakt at City Hall

For the next month, Boston City Hall will open its doors to a collective of local artists.

Rifrakt is a community of emerging Boston artists devoted to networking and the pursuit of local art.

Founded in May 2009, Rifrakt strives to foster a progressive and productive forum where creative energy and ideas take shape. The group welcomes those working in all mediums who wish to pursue, explore, acknowledge, educate and promote other artists within the community.

"The group does not have a particular aesthetic. We all use different mediums and different techniques within mediums," said Stephanie Goode, a founding member of the collective. "It's more of a strength in numbers thing."

The exhibit will run until Oct. 12 at the Scollay Square Gallery, on the third floor of Boston City Hall.

The City Hall galleries are free and open the public.

METRO/MR

MBCR engineer uses job skills to build orphanage

▶ The Smile House in Kiev

John Callahan, a longtime assistant chief engineer at the Massachusetts Bay Commuter Rail, recently traveled a long way to put a smile on some faraway faces.

Every year in Ukraine up to 15,000 kids "age out" of federal orphanages, abandoned to the streets of Kiev. Though it's more than 4,500 miles away from his hometown of Newbury, that fact weighed heavily on Callahan's mind.

"On their 16th birthday, they are just dismissed to the streets. Many end up living in storm drains or other warm subterranean spaces that we would think are quite uninhabitable. There is a whole culture under the city," Callahan said. "There are some really sad stories, but there are some really great stories too."

In early August, Callahan took his second trip to Kiev to help complete an orphanage known as the "Smile House — Bridge to Life Home," which is a product of a Christian mission associated with Manna Worldwide.

Callahan first traveled to Ukraine in 2010 when the project first began. His experience overseeing infrastructure project for MBCR helped him lead the construction and wiring for the house.

Thirty teens between the ages of 16 and 19 will soon live in the house, finish school and get job training.

"It's a great feeling to have had some microscopic part in helping," Callahan said. "You can't fix everything, but it's good if you can at least fix something."

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Carnival. Celebration

▶ Regina Niles of the Socaholics troupe danced in the 20th annual Cambridge Carnival yesterday.

NICOLAUS CZARNECKI/METRO

Thousands of people attended the annual Cambridge Carnival celebration yesterday. The 20th anniversary of the free celebration featured a costume parade and rhythmic music. It is billed as a vehicle to bring together the diverse communities of Cambridge. METRO

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From Boston to New York, with force

- 'Tour de Force' bike trek to honor fallen 9/11 heroes
- Hundreds cycling from Hub, arriving at Ground Zero

This weekend, 225 cyclists from across the U.S., Canada and Europe set off from Boston to cycle across New England to the Mystic Seaport, through Long Island's wine country and into the streets of New York City, where tomorrow they are expected to reach the site of the World Trade Center.

The annual four-day cycling extravaganza is primarily made up of police officers and commemorates the anniversary of the infamous terror attacks of Sept. 11, 2001 by raising hundreds of thousands for the families of fallen police officers across the country.

Mayor Thomas Menino joined organizers and police for the kick off Saturday before the cyclists headed past the Boston Police Department headquarters, the 9/11 Memorial in Boston's Public Garden, then Fenway Park to embark on the 270-mile route.

"As we approach the 11th anniversary of Sept. 11, I can think of no better place to be than right here with all of you. Homeland security starts with hometown security, and this race is about honoring the men and women who provide that hometown security, especially those who have died in the line of duty," Menino said.

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TOUR DE FORCE

▶ Tour de Force cyclists raised $400,000 with last year's event.

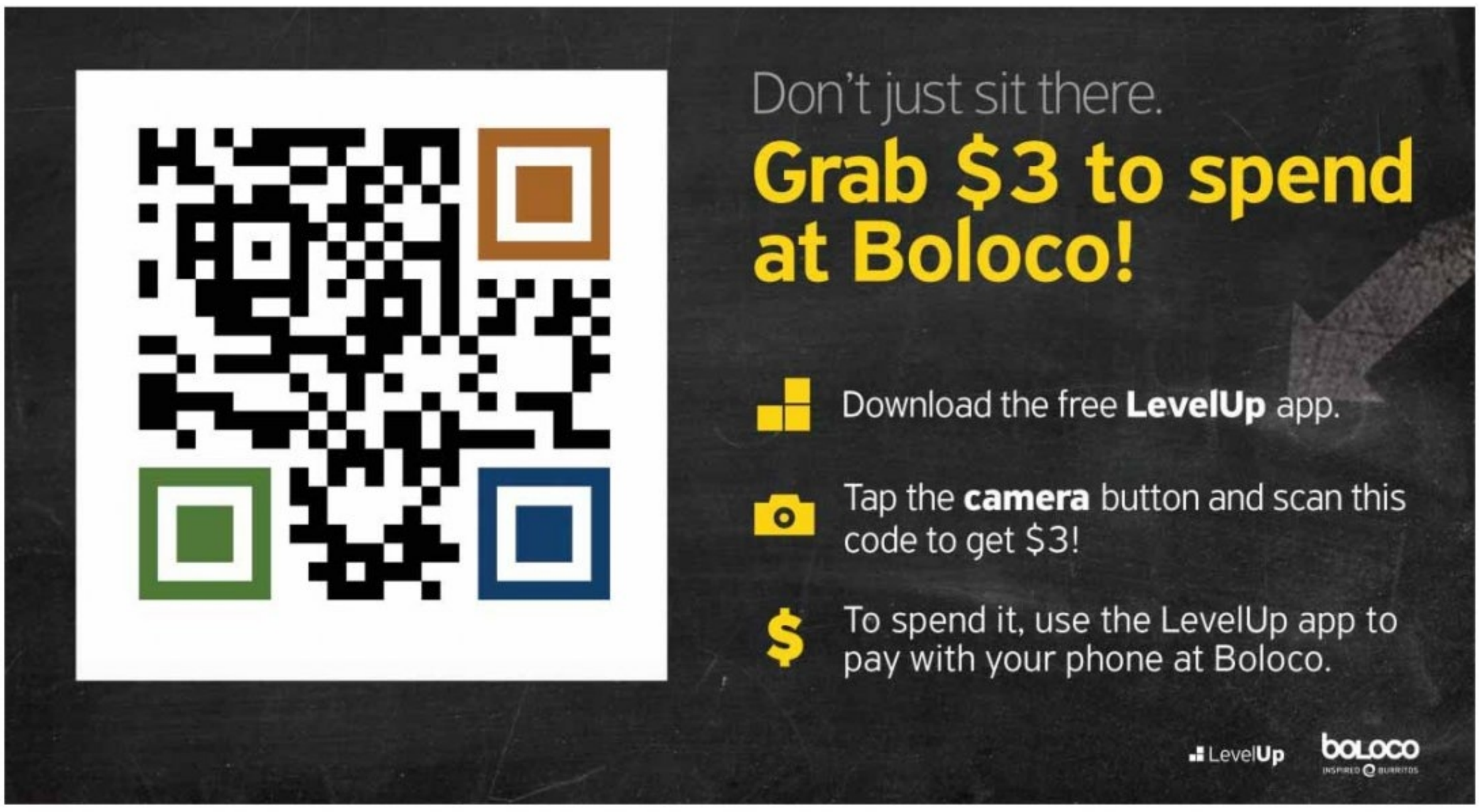
By the numbers

225
Cyclists are making their way to Ground Zero

270
Miles they are trekking in their journey

3
States cycled; after leaving Boston, the convoy goes through Connecticut and into New York

4
Days that riders will be peddling (Saturday through Tuesday)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Opinion

JUSTIN DOWD

WINNER OF METRO'S RACE TO SPACE

www.metro.us/weirdscience

Log on

Justin has produced a chalkanimation video to accompany this column. View it at **www.metro.us/weirdscience**

TRUE STORY OF NATURE'S CHAOS

What does your future have in common with your morning coffee, hurricanes, gambling, sports and the galaxy? All are intertwined by a mysterious property of nature called chaos.

The key to chaos is the poetically named butterfly effect, which is a slight change in a chaotic system drastically effecting what happens in the long run. Weather is an example of a chaotic system. A shift in wind as subtle as air passing around a butterfly's wings can trigger the development of a hurricane weeks later, on the other side of Earth.

Your B.S. meter may be off the charts. But before you dismiss the idea, consider football, a chaotic American pastime.

Like the weather, football is chaotic. One detail, one step can alter the outcome of the game, the season, the franchise and people's lives for generations.

If Drew Bledsoe stepped out of bounds to avoid a season-ending hit in 2001, second-string quarterback Tom Brady would have remained sidelined. A single step changed careers, contracts, Super Bowl wins, retirement plans etc. This is the essence of chaotic systems, two slightly different starting points result in completely different outcomes.

Order and chaos are even in atoms. The players, ball and field are like electrons, photons and space. The nucleus and atoms are connected by forces like players' movement connected by the rules of the game.

Similar to free will causing unpredictable behavior in humans, exact movement of individual particles in an atom cannot be measured or predicted. The laws of nature don't allow it, resulting in a fundamental link between chaos and order.

Stirring cream into coffee causes a spiral pattern to emerge while the motion of molecules is turbulent. The same pattern in coffee can be seen in a hurricane, even though the movement of air is unpredictable. The spiral pattern even shows up in the galaxy we live in, composed of billions of stars, planets, dark matter and dust.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Weather. Tropical storm

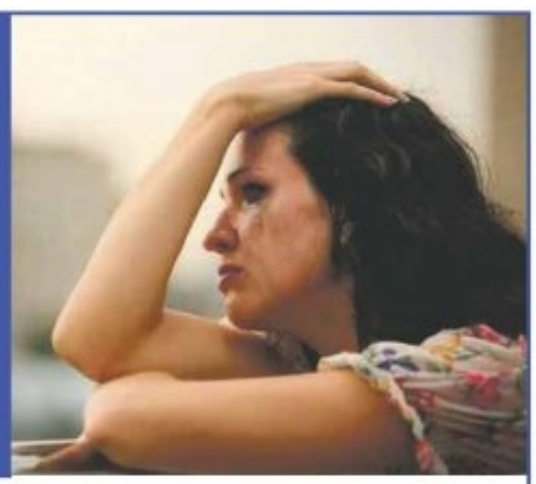
▶ Tropical Storm Leslie churned in the Atlantic yesterday.

NOAA

Leslie swirls east of Bermuda

A tropical storm warning remained in effect across Bermuda, where forecasters warned hazardous surf and rip currents were expected to continue through today. Most flights in and out of Bermuda were canceled yesterday, and bus and ferry services were suspended. REUTERS

Are you taking medication to treat depression but still have symptoms?



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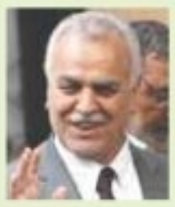
Fugitive Iraqi VP gets death sentence



BAGHDAD. Iraq's fugitive Vice President Tareq al-Hashemi was sentenced to death for murder charges yesterday in a ruling likely to further stoke sectarian tensions after a bloody day of bombings that killed at least 80 across the country.

Hashemi, a senior Sunni Muslim politician, fled Iraq after the authorities issued a warrant for his arrest in December, a move that threatened to collapse a fragile power-sharing deal among Shi'ite, Sunni and Kurdish blocs at a time when U.S. troops were pulling out. **REUTERS**

Germany urges Iran to make 'substantial' nuclear offers

JERUSALEM. Germany's foreign minister urged Iran to make "substantial offers" to restart nuclear talks with world powers and told Israel allowing the Islamic Republic to get the bomb was "not an option."

Guido Westerwelle's comments followed weeks of rhetoric in Israel over a possible go-it-alone strike against Iran's nuclear facilities and calls by Israeli Prime Minister Benjamin Netanyahu for world powers to set a "red line" for Tehran.

Germany, France, Britain, Russia, China and the United States have held three rounds of inconclusive talks with Iran this year. There is still time for a diplomatic solution, but they warned Iran not to acquire nuclear weapons. **REUTERS**

Iraq explosions kill 80, French consulate hit

AFP/GETTY IMAGES

▶ Iraqi policemen inspect the wreckage of a car used in a bomb explosion yesterday in a market in the southern city of Basra.

At least 80 people were killed yesterday in attacks across Iraq, including a car bomb outside a French consulate.

Sunni Islamists and an al Qaeda affiliate still launch about one major attack a month in an effort to reignite tensions between Shi'ite and Sunni Muslims following the U.S. military withdrawal in December.

The most serious of the bombings, blasts and shootings on Sunday happened near the city of Amara, 185 miles south of Baghdad. Two car bombs exploded outside a Shi'ite shrine and a market place, killing at least 16 people, officials said.

With its main hospital overflowing with patients injured from the attacks, mosques in Amara used prayer loudspeakers to call for blood donations.

Overnight in Dujail, 30 miles north of Baghdad, gunmen and a suicide bomber driving a car attacked a military base, killing 11 soldiers and injuring seven, police said.

Later yesterday, a car bomb killed eight people lining up for jobs as police guards for the Iraqi North Oil Company in the flashpoint city of Kirkuk, 155 miles north of Baghdad, police said. **REUTERS**

French target

The car bomb that exploded outside the French consular building in the usually stable city of Nassiriya, 186 miles south of Baghdad, killed a police guard and wounded four other guards, authorities said. The consul, an Iraqi citizen, was not at the office at the time of the attack.

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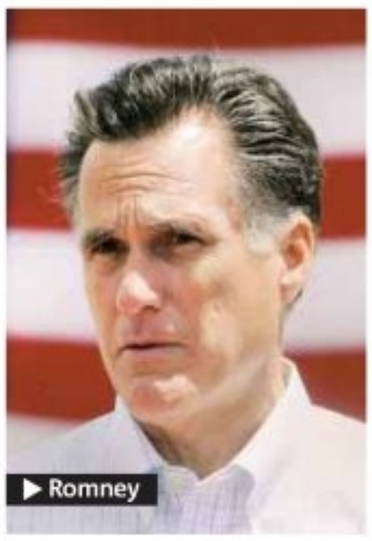
Romney says he would keep parts of health care law

Republican presidential candidate Mitt Romney, who has called for scrapping President Barack Obama's 2010 U.S. health care law, said in remarks aired on Sunday that he likes key parts of "Obamacare" despite his party's loathing of it and wants to retain them.

Romney, who faces Obama in the Nov. 6 election, has vowed throughout the campaign to repeal and replace the Obama healthcare law. But asked about the Obama healthcare law on NBC's "Meet the Press" program, Romney said, "Well, I'm not getting rid of all of health care reform."

"Of course, there are a number of things that I like in health care reform that I'm going to put in place," Romney added. "One is to make sure that those with preexisting conditions can get coverage. Two is to assure that the marketplace allows for individuals to have policies that cover their family up to whatever age they might like."


▶ Romney

The Obama health care law, among other provisions, prevents insurance companies from denying medical coverage to people who already are suffering from a medical condition. It also allows parents to keep their young-adult children on their health insurance plans until age 26.

The law is Obama's signature domestic policy achievement.

Elements of the state health care reform plan that Romney put in place as governor of Massachusetts served as a model for the federal law passed by the U.S. Congress and signed by Obama in 2010 despite unified Republican opposition.

"I say we're going to replace Obamacare. And I'm replacing it with my own plan. And even in Massachusetts when I was governor, our plan there deals with preexisting conditions and with young people," Romney told "Meet the Press." **REUTERS**

News in brief

Obama widens lead despite jobs data

President Barack Obama, picking up support following the Democratic National Convention, widened his narrow lead over Republican U.S. presidential challenger Mitt Romney in a new Reuters/Ipsos poll released on Saturday.

The latest daily tracking poll showed Obama, a Democrat, with a 4 percent lead over Romney. Forty-seven percent of 1,457 likely voters surveyed online over the previous four days said they would vote for Obama if the Nov. 6 elections were held today, compared with 43 percent for Romney.

"The bump is actually happening. I know there was some debate whether it would happen. ... But it's here," said Ipsos pollster Julia Clark, referring to the "bounce" in support that many presidential candidates enjoy after nominating conventions.

Obama had leapfrogged Romney in the daily tracking poll on Friday with a lead of 46 percent to 44 percent. **REUTERS**

Gingrich: Clinton DNC speech "eerily anti-Obama"

Former Speaker of the House of Representatives Newt Gingrich on Sunday tried to turn Bill Clinton's rousing Democratic convention speech into a liability for President Barack Obama, calling it "eerily anti-Obama."

Gingrich argued that Clinton's efforts to remind voters about the economic heyday of his two terms in office could be seen to undermine Obama, who is struggling to reignite the economy and job growth.

"I actually thought parts of the Clinton speech were eerily anti-Obama, if you just listened to the subtext. I mean, here is Clinton saying, 'I reformed welfare because I worked with the Republicans, you didn't, Mr. Obama.' He didn't say it that way, but think about it," Gingrich told CNN's "State of the Union."

Gingrich, who was a sharp critic of Clinton during his presidency, added: "I think what it does is it actually shrinks Obama. I mean, you have a real president and then you have this guy who is a pretender." **REUTERS**

DNC said to end $15 million short

Democrats ended their convention in Charlotte $5 million short of their budget even after being forced to draw down a $10 million line of credit from Duke Energy Corp., according to a Democratic Party fundraiser.

That will leave a $15 million bill that eventually will have to be paid by President Barack Obama's campaign or the Democratic National Committee, according to the fundraiser, who spoke on condition of anonymity. **BLOOMBERG**

Metropolitick

GREGORY KANE

PULITZER-NOMINATED NEWS AND OPINION JOURNALIST

LOVE'S LABORS LOST ON LEFT HATE-SLINGERS

Mia Love is the mayor of Saratoga Springs, Utah. She's also a Mormon, a Republican and the daughter of parents who immigrated to the United States from Haiti. And after her speech at the Republican National Convention — one in which Love made it clear she did not prostrate herself before the altar of Barack Hussein Obama — the Haitian-American Mormon mayor became something else: a target.

ROLL CALL/GETTY IMAGES

▶ Saratoga Springs Mayor Mia Love speaks at the 2012 Republican National Convention.

For years, it's been unfashionable to be black, Republican and conservative. Most African-Americans have decided we all must be Democrats and liberals. Deviate from the norm, and you'll be treated with the disdain usually reserved for the Tonton Macoutes. Lately, even that's changed. It's not enough for blacks to be Democrats and liberals. Now, to prove our racial loyalty, we almost have to genuflect when President Obama's name is mentioned. There are those that have apparently charged, tried and convicted Love of insufficient genuflection, but I'm sure she'll be happy to agree with them.

"[Obama's] policies have failed," Love said at the RNC. "We are not better off than we were four years ago, and no rhetoric, bumper sticker or Hollywood campaign ad can change that. Mr. President, I am here to tell you we are not buying what you are selling in 2012." That must have sent some Obamaphiles over the edge. They became unhinged, downright balmy enough to go to Love's Wikipedia page and "update" her biographical data.

Foxnews.com reported the story with the title "Mia Love Wikipedia page vandalized with slurs." (What? You thought CNN, the Huffington Post or MSNBC were going to report the story?) "Rising Republican star Mia Love's Wikipedia page was vandalized overnight with racist and sexist epithets," the first paragraph of the story reads. Further on, we get details of what was said."[O]ne section called her a 'dirty, worthless whore' who sold out to big business."

Once again, we see Republican, conservative women being subjected to the most despicable sexist slurs imaginable. (It makes you wonder, doesn't it, which side of the political spectrum REALLY hates women?) A New Jersey writer called former Secretary of State Condoleezza Rice a "skeeza" — a slang term for whore — several years ago. You remember the outrage Democrats and liberals expressed at his comments, don't you? Of course you don't. You don't remember them being outraged after so-called comedian Bill Maher used a certain C-word to refer to former Alaska governor and Republican vice presidential candidate Sarah Palin, either.

Oh, there was more on Love's Wikipedia page. We don't know if the same person that called her a "dirty, worthless whore" also wrote that Love was "a sellout to the right-wing hate machine." The writer also accused Love of being "the House N— she truly is."

You have to be aghast at the sheer chutzpah of someone spewing such hate accusing anybody of "selling out to the right-wing hate machine." But liberals and Democrats sincerely believe that only Republicans, conservatives and members of the Tea Party movement can truly hate.

Such hypocrisy explains why you never hear that n-word used by conservatives, Republicans or members of the Tea Party movement, while those on the left seem to have cornered the market on it.

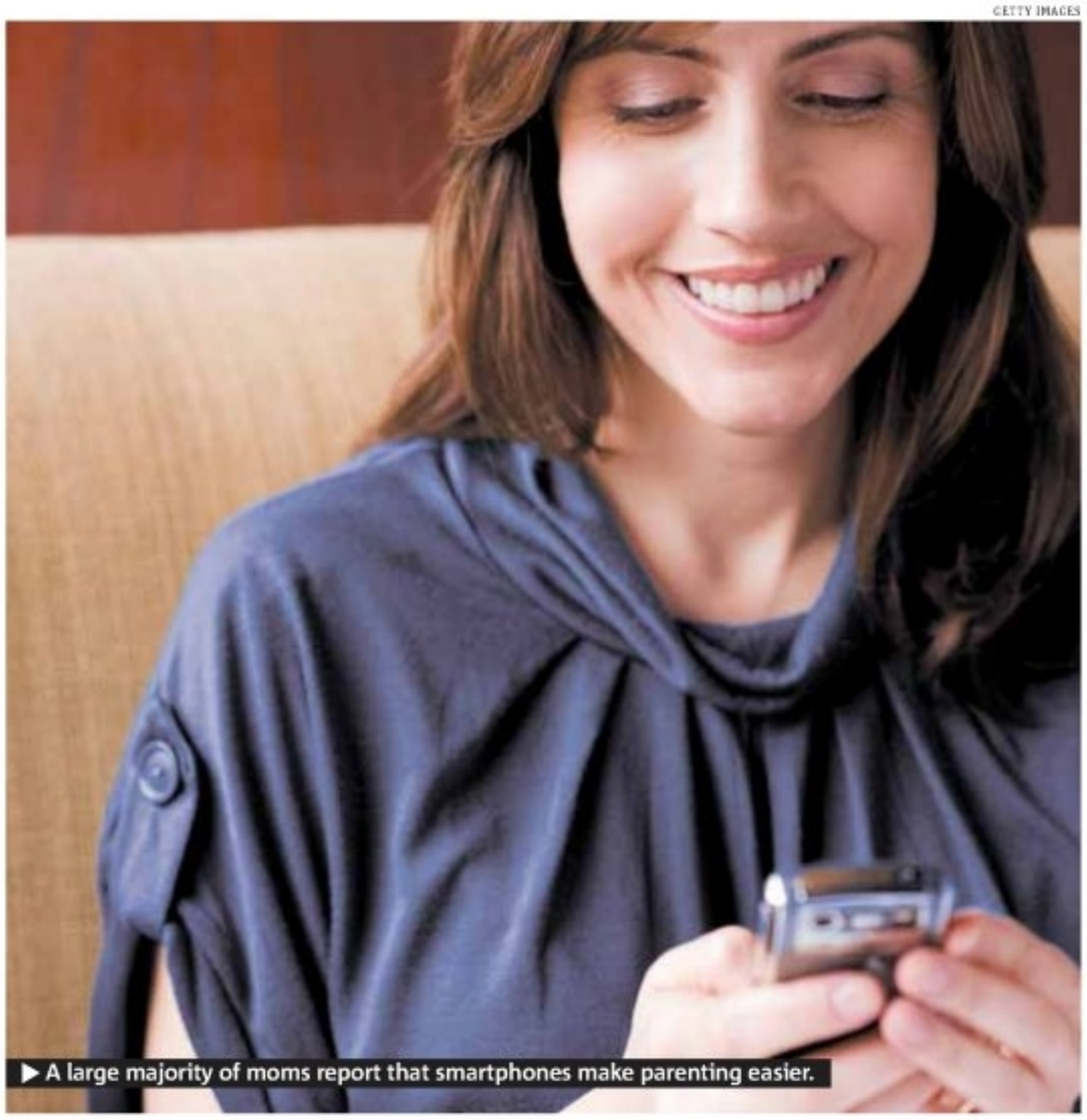
No Republican or Tea Party movement group has used that word to refer to Obama. But a member of the New Black Panther Party did, earlier this year. We didn't hear outrage from Democrats or liberals about that either.

When — not if — Democrats start accusing the Republican presidential nominee and/or vice presidential nominee Paul Ryan of being a racist, let us recall how members of the donkey party reacted to the scurrilous attack on Love.

– Examiner Columnist Gregory Kane is a Pulitzer-nominated news and opinion journalist who has covered people and politics from Baltimore to the Sudan.

Survey: Smartphones ease back-to-school stress for mothers

GETTY IMAGES



▶ A large majority of moms report that smartphones make parenting easier.

Yoga, deep breathing and wine are just a few of the many ways to make life less stressful. But this time of year, smartphones get the credit for being the best stress-reliever — at least, for moms of school-aged children.

A recent survey shows that 85 percent of moms say "their smartphone definitely eases the back-to-school strain, making this time of year less stressful overall."

Moms of all ages said their phones (whether basic or smart) ease their stress during this time of year: 89 percent younger than 35 vs. 85 percent 35-44 vs. 83 percent older than 45.

But the back-to-school season isn't the only time moms are glad to have their handy smartphones — nearly nine in 10 smartphone-owning mothers of school-aged kids (87 percent) admitted that having a smartphone has made being a mother, in general, easier for them.

This information comes from a survey called "Moms Go Back-To-School with Mobile" by the Interactive Advertising Bureau and Meredith's Parents Network, a parenthood media company that includes Parents and American Baby.

"Back-to-school is the busiest and most stressful time of year for moms — and now, more than ever before, Millennial moms are using their smartphones to help make their lives run smoother," Carey Witmer, executive vice president of Meredith Parents Network, said in a statement. "They pursue the information they want and need, everywhere they go, every time of the day."

The survey also unveiled a trend regarding "mobile-intense" moms. It's often moms of preschool-aged children who are quick to take out their camera phones to snap a pic of their child (56 percent), more so than mothers of elementary (44 percent) and high school kids (33 percent).

Mothers of preschoolers are also more likely than moms of older children to plan their family's calendar on a mobile device and share information on social networks.

Quoted

"Back-to-school is the busiest and most stressful time of year for moms — and now, more than ever before, Millennial moms are using their smartphones to help make their lives run smoother."
CAREY WITMER

By the numbers

So what tasks do moms use their phones for?

33% Communicating with children's teachers and schools

30% Organizing the family calendar

28% Sharing back-to-school information via social networks

26% Staying in touch with other parents in their circle

25% Finding coupons and store discounts

21% Building and checking shopping lists

20% Shopping

KATE FREEMAN FOR Mashable The Social Media Guide

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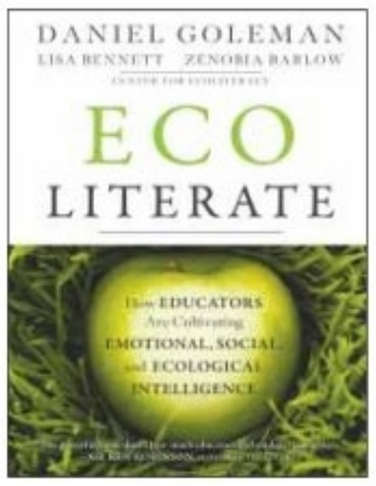
Teaching ecology with emotional intelligence

Best-selling author and self-help guru Daniel Goleman is known worldwide for stressing the importance of emotional intelligence (the ability to gauge one's own emotions as well as others') in developing one's full potential.

Now Goleman is incorporating his environmental passions into his educational philosophy. His latest, "Ecoliterate: How Educators Are Incorporating Emotional, Social and Ecological Intelligence," was written in partnership with Berkeley's Center for Ecoliteracy.

"In teaching people about ecological issues — whether it's K-12 or in the university — there's something that happens on an emotional level, and that's fear and anxiety," says co-author Lisa Bennett. "We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective."



"Ecoliterate" investigates eight cutting-edge environmental education programs, from Kentucky to Alaska, looking for effective blueprints for this new curriculum. While the book is primarily directed at K-12 teachers, the authors suggest that these programs could be easily adapted for the college level.

Five vital practices

The Center for Ecoliteracy has outlined "five vital practices" for teaching environmental studies to K-12 students.

1. Developing empathy for all forms of life
2. Embracing sustainability as a community practice
3. Making the invisible visible
4. Anticipating unintended consequences
5. Understanding how nature sustains life

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THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

Bummer breakup of 2012: Poehler, Arnett

When we found out that **Amy Poehler** and **Will Arnett** were divorcing last week, we assumed there must be the scandal of all scandals hiding behind their split. Nevermind that their rep insisted it was "very amicable" — why would two people as funny, successful and charming as them break up? As it turns out, they're not that much different than those of us who fall asleep watching reruns of their shows, snuggling piles of almost-warm takeout.

"Will and Amy started to feel more like best friends than a married couple — and sadly they lost their spark," a source tells RadarOnline. "The two still love each other very dearly, but the romance died and neither one of them was happy, so something had to be done."

Talk about shot through the heart. Go ahead, Source, finish us off: "Everyone used to think that because Amy and Will are both comedians, their relationship was all fun. However, the laughter stopped a long time ago, and now they just want to move on with their lives."

Now, we're not necessarily saying that love is dead. Just that he's emptied the minibar, went on an ugly Facebook bender and, well, things aren't looking good.

ALL PHOTOS: GETTY IMAGES

▶ Couldn't you guys just fake it like the rest of us?

Brad Pitt is still walking down the aisle

Despite the sad prognosis of love, **Brad Pitt** and **Angelina Jolie** still think they can make it work. The Marriage of the Century is a go, confirms Pitt, even if there isn't a date set. "No plans yet, other than we are going to do it," he tells E! News. "I plan very little as I get older."

As for **George Clooney**, his role at the nuptials is also still undecided. "Well, you know, he doesn't believe in institutions," Pitt says. "So he can get people to their seats or something."

Depp talks Tater Tots

Johnny Depp was at the Toronto Film Festival over the weekend supporting "West of Memphis," a documentary about three men who spent more than 18 years in prison for "satanic" murders that they — along with pretty much everyone outside of their sleepy Southern town — claim they did not commit. After his release from prison, one of the men, **Damien Echols**, moved in with Depp.

"To finally see Damien arrive at my house, on my doorstep, was moving and it was a celebration. It was beautiful," said Depp at a press conference for the film. "We had Tater Tots and tacos. And things took their natural course and we ended up at the tattoo parlor."

Now, 18 years is a steep price to pay for Johnny Tots. But don't think we didn't run the numbers.

▶ Depp and Echols have matching tattoos and similar taste in shades.

Talking points

Jonah Hill and Ali Hoffman split

Jonah Hill and girlfriend **Ali Hoffman** have reportedly split up after nine months of dating, according to Us Weekly. The Oscar-nominated actor had been close to Hoffman and her family — including her dad, **Dustin Hoffman** — for years before becoming romantically involved. Dustin Hoffman helped him get a role in "I Heart Huckabees," his film debut.

▶ Hill

Won't someone think of the gossip columnists?

While the future of **Robert Pattinson** and **Kristen Stewart**'s relationship is still uncertain after her affair with director **Rupert Sanders**, at least one friend of the pair says not to worry. "They are totally going to get back together," the source tells Hollyscoop. "It is just a matter of time. Kristen has this effect on Rob. Robert is not a player. It is really a mess of a relationship. They are both in love with each other still." That might be a problem, though, for friends of Pattinson. "They tell him, 'If she cheated once she will cheat again,'" the source says.

Katy Perry and John Mayer are back on

It appears reports of the demise of **Katy Perry** and **John Mayer**'s relationship were premature, as the pair were spotted at the MTV Video Music Awards after-party looking very much still together, according to Hollyscoop. "[John and Katy] were holding hands walking around the VIP area looking like a legit couple. They weren't even hiding it," the source says. The couple — who split last month after briefly dating — soon left the party, though, in favor of a more intimate dinner at a restaurant.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

@joelmchale
Sad news: the phrase "hot mess" is six months past it's expiration date. Also "I just threw up in my mouth a little" is over(2 years).

@lindsaylohan
just sending love, prayers and strength to #PrinceHarry

@katyperry
Today I am promised happiness. Let's do this!

@AlbertBrooks
"Shocking. Nude. Sex. Devastating" Four words you must use to have a successful website.

@JimGaffigan
New saying: "A cheeseburger a day keeps the feelings away."

@DannyDeVito
Shake it up baby!

Joel McHale

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Right back at you, Sir Paul

1 **Paul McCartney** received the "Legion d'Honneur" from France's president **Francois Hollande** on Friday. The world received a thumbs-up. Excellent trade, gentlemen.

2 **Hugh Grant** and his signature half-smile charmed the pants off Toronto on Saturday.

3 Why hello, Hermione. "Harry Potter" cutie **Emma Watson** freshened up the red carpet for her latest, "The Perks of Being a Wallflower."

4 **Will Smith** and his impossibly photogenic family — from left, **Willow**, **Jaden** and **Jada** — were on the red carpet at the Toronto Film Festival yesterday.

5 **Lady Gaga** obviously didn't mind attracting a little attention yesterday while walking around London.

1. PHILIPPE WOJAZER/AFP
2. JASON MERRITT/GETTY IMAGES
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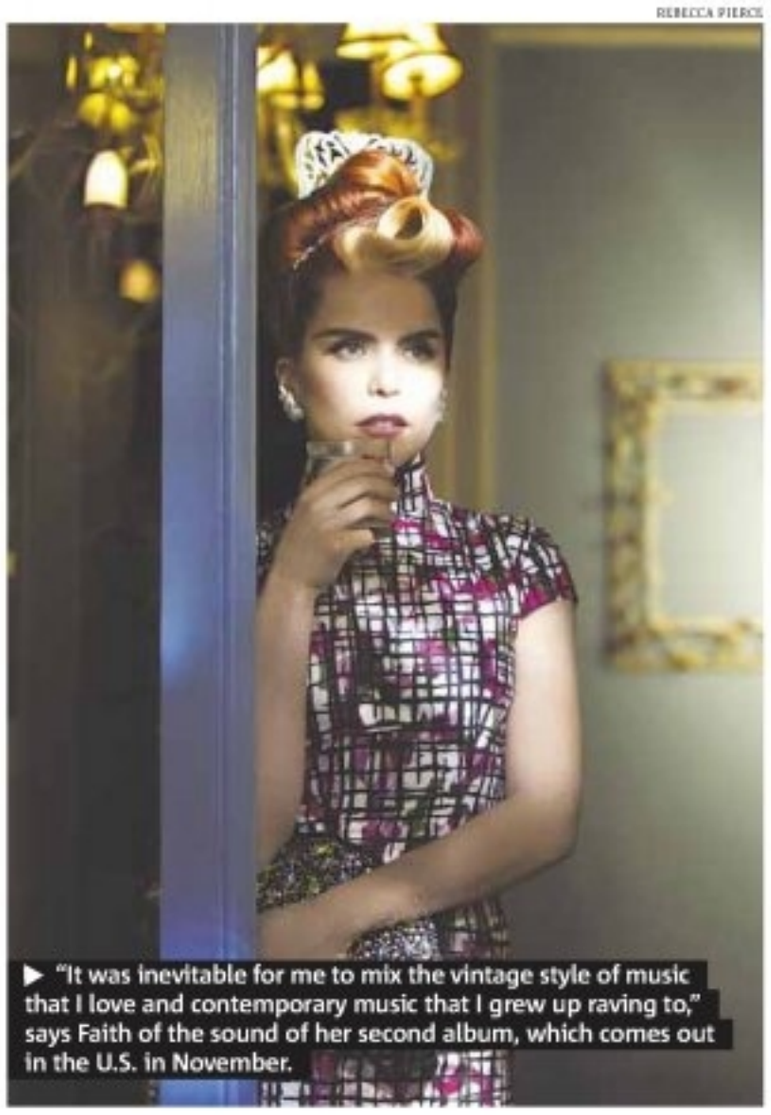

▶ "It was inevitable for me to mix the vintage style of music that I love and contemporary music that I grew up raving to," says Faith of the sound of her second album, which comes out in the U.S. in November.

Sad songs say so much

Paloma Faith on 'Fall to Grace,' playing smaller venues in America than in England and that other British soulstress who sings so well about heartbreak

With tabloids touting headlines like "Pregnant Adele's joy," you might find yourself thinking: "That's great that she's happy, but where am I gonna get my fix of sad songs sung by soulful British women?"

The answer to your check-out line musing is Paloma Faith's new album, "Fall to Grace." With lyrics like "This is agony, but it's still a thrill for me" and "Falling never hurts, but landing does" paired with classic soul song structures and shamelessly contemporary pop production, "Grace" is your latest soundtrack to heartache.

Faith, a tabloid fixture in her own right in the U.K., even helped Adele's career kick off.

"I just kind of gave her one of her first gigs," she says humbly. "I didn't give her her start. She gave herself her start."

Faith doesn't mind the comparisons: "If it was somebody who wasn't doing quite as well as her, I might feel strange. But honestly, if I could have a tenth of the success that she's had in the U.S. then I'd be smiling forever into my grave."

Smiling into the grave is what "Grace" is all about. Songs are hooky and polished, but a broken heart beats beneath.

"There were songs on the record that were produced to sound superhopeful, but when you listen to the lyrics they're sad," she says. "I wouldn't say it's a tragic record. I would say it's a realistic record."

PAT HEALY
pat.healy@metro.us

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Back to basics

With such a pop sheen, courtesy of producer Nellee Hooper, it's hard to believe that Paloma Faith will be bringing these songs to such small watering holes like TT the Bear's.

"It's very sort of back-to-basics for me," says Faith. "The venues are small, and I can't bring my full setup."

But she's not complaining.

"The bigger you get with the production, the less you can do with spontaneity," she says. "You've got to plan with the lighting people and plan with the sound engineer what you're going to do, whereas this is more stripped back."

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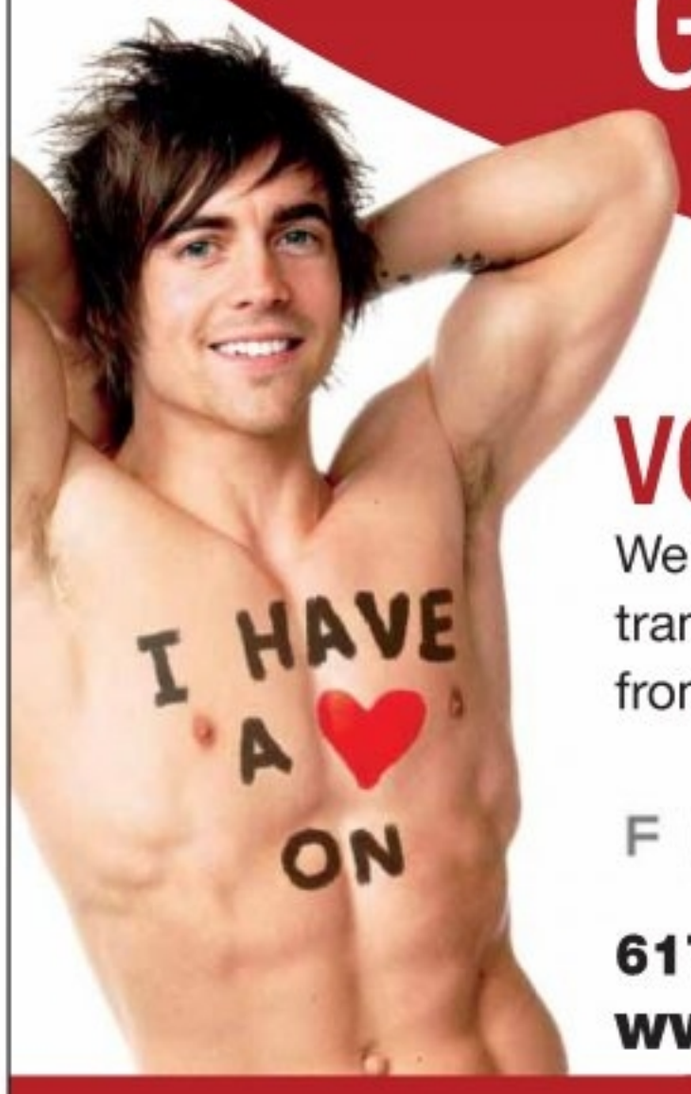

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The daytime battleground

With Oprah's crown still up for grabs, three new celebrities enter the talk-show fray today Here's what you need to know about the contenders

Harvey also has something to say

Comedian **Steve Harvey** got into the daytime talk game early, premiering his self-titled chat show last week. Prompted to host a show after the success of his relationship advice book "Act Like a Lady, Think Like a Man," the "King of Comedy" featured "the worst dater in America," overprotective parents and an introduction to poi exercise during his first week of shows.

"Steve Harvey," ABC

The show

'Katie' 3 p.m. ABC

For 15 years, **Katie Couric** helped America wake up as co-anchor of the "Today" show. She became the first solo female anchor of a national nightly news broadcast when she helmed "CBS Evening News with Katie Couric" from 2006 to 2011.

Personality

Couric is the sweet aunt who will take you for brunch and a manicure, listen to your problems, then scold you because you know better. She hopes "Katie" delivers information — from daily news to dating tips — that is "smart with heart."

What to expect

"Katie," taped live from NYC and mixing news and entertainment, sounds a little like a one-hour version of "Today."

"I'm going to be able to flex all my muscles [on 'Katie']," Couric says, referring to her 33 years on both ends of the TV news spectrum. "I've done ... some fun stories, some celebrity-driven stories. And then I've done very serious stories. I pride myself on being able to use the right tone and the right approach and to be able to calibrate that approach depending on who I'm interviewing or the topic that I'm dealing with on any given day."

"I pride myself on being able to use the right tone and the right approach and to be able to calibrate that approach depending on who I'm interviewing or the topic that I'm dealing with on any given day." COURIC

Katie Couric

Secret weapon

Sheryl Crow wrote and performed the "Katie" theme song, reminding us of the A-list contacts list that has got to be on Couric's iPhone, which she'll be able to tap for interviews. Crow will appear on the first episode, as will Jessica Simpson.

GETTY IMAGES

Sheryl Crow

'The Ricki Lake Show' 11 a.m., Fox

Ricki Lake became a star in John Waters' classic film "Hairspray." She hosted her titular chat show from 1993 to 2004, then produced a documentary about childbirth, "The Business of Being Born." She came in third place on "Dancing with the Stars" in '11.

"Hairspray"

Lake is your sympathetic girlfriend who has been there, done that and always has her own funny anecdote to share.

"I have been rich. I have been poor. I have been fat. I have been thin," Lake admits. "I've had this life experience, and I'm an open book. I'm willing to share my hardships and my triumphs."

Her mission for her return to talk is "that this can be a smart show [where] people can learn from each other, have a great time and walk away with some takeaway," she adds.

"Ricki Lake" became a phenomenon when Lake, then in her 20s, addressed the (often scandalous) concerns of the younger generation and encouraged audience participation. Now 43, Lake intends to continue engaging her fans, but with a more grownup approach and topics that affect, primarily, women between the ages of 25 and 54.

"Today, times are really tough. We're all trying to figure it out and put food on our plates and be in the job force and raise families and, you know, figure out the aging process and how to reverse it," Lake says. "I mean, we all are trying to do the best we can. So I think doing a show now that's a little less fluff, a little more substance — that's something I would be looking for as a viewer."

"I think doing a show now that's a little less fluff, a little more substance — that's something I would be looking for as a viewer." LAKE

GETTY IMAGES

Ricki Lake

Don't underestimate the nostalgia factor for Ricki Lake, Talk Show Host. The studio audience started a "Go Ricki" chant — a hallmark of the host's first show — during taping of the new show's second episode.

"It feels like a natural kind of thing," Lake says of the cheer. "I'm not opposed to it. I mean, it's very endearing and makes me feel very welcome."

'The Jeff Probst Show' 10 a.m., CBS

Jeff Probst is the Emmy Award-winning host of "Survivor"; he has helmed the reality show since 2000. Formerly, he hosted "Rock & Roll Jeopardy!" and was a reporter for "Access Hollywood."

Your over-sharing big brother who is also your biggest cheerleader.

"I think my weakness ... will be a strength," Probst says of his tendency to share "sometimes too much." "In daytime, when you are asking people to share their life on the level that I'm going to go to, you have to be willing to share yours," he adds. Probst's wife, Lisa Ann Russell, will often contribute to the day's conversation.

"If you're looking for Jerry or Maury, this is not your show," Probst says. "I'm not interested in people fighting onstage."

You can forget about seeing celebrities promoting their latest movie, too, unless they are able to add to Probst's message of positivity and embracing new experiences.

"The overall idea of the show is saying yes to the adventures in your life — I mean being married, being a parent, dating, friendships," he says. "At the end, this really is what defines our life, those adventures. And that's the idea behind the show, and we will talk about that all the time."

"The overall idea of the show is saying yes to the adventures in your life — I mean being married, being a parent, dating, friendships." PROBST

MONTY BRINTON/CBS

Jeff Probst will continue to host "Survivor" in addition to his new daytime talk show.

Only "The Jeff Probst Show" boasts a party room complete with massage chairs, makeover stations and snacks for its audience. Probst says the set was designed to be an extension of his living room, a place "where you feel comfortable enough to kick off your shoes."

The party room serves two purposes, he explains: "One, we want the audience to feel welcome, and we also want them to spread the word — if you are looking for something fun to do in L.A., check out 'The Jeff Probst Show.'"

AMBER RAY
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myentertainment

Lessons from the road with Anthony Bourdain

The traveling chef gives frank advice he picked up through nine seasons on 'No Reservations'

Anthony Bourdain is in his last days of vacation. He's not globe-trotting around the world or eating local specialties, the kinds of trips that have gained the no-nonsense chef a cult following on his Travel Channel show "No Reservations." No, this is a getaway in the Hamptons with his wife and daughter, who, he says via cellphone, is snuggled up to Dad as he answers our questions about the show's ninth and final season.

One of the great things about "No Reservations" was the way that you documented regions — it was you, exploring a country and culture, through food. Looking back, how were you able to get such a non-touristy show on the air — and then last for nine years?

You know what? I don't really know. We were surprised that it did well. What I've heard from people was that [they love] what we don't do, that we weren't like other shows. I didn't care if I was particularly likable, I didn't care if I was particularly informative; it was always a really personal travel essay. We wanted to make the best, most interesting show we could. The number of people who watched it, we didn't care about. You can't think about those things in any creative endeavor.

Another hallmark of the show was the soundtrack. How did you choose the musicians?

You get a sense over the years, "Do I want to hang out with this person?" Most of the decisions in my life are built around, "Do I have to have business meetings on a regular basis with assholes?" I will forgo a lot of money and I will avoid plenty of opportunities if it erodes my quality of life. I like a guy like me who likes to collaborate with people and isn't so much about making the big money tomorrow.

Speaking of collaborations, you are involved in so many projects — from writing on the HBO series "Treme" to writing a graphic novel. Are you deliberately trying to stay closer to home?

I'm making a conscious effort to be away from home a little less. But the things you mentioned I do for free or relatively little money. Those are things I do for the pleasure of working with the people who I really respect and admire.

When do you find the time?

Look — when ["Treme" creator] David Simon calls, you find the time. [Laughs]

AMBER RAY
amber.ray@metro.us

What's next

In later seasons it seemed like you delved even more into the politics and history of some of the places you visited. Is that part of what led to your next food and travel show, which will air on CNN?

I know that CNN probably saw a place for us on their network when they saw episodes like the Haiti show. Where food comes from and what people in any given place eat is already a very political thing. Maybe unconsciously we started to look at harder stories to tell because with food and travel, there's always the threat of becoming insipid and repetitive.

RYAN PRIMACK

▶ The final season of "No Reservations" airs Mondays at 9 p.m. on Travel Channel.

TV watch list

'The Voice'

REALITY. Coaches Adam Levine, Blake Shelton, Christina Aguilera and Cee Lo Green better grease up those spinning chairs and exercise those button-hitting fingers, because a new round of singers is ready to wow them during blind auditions tonight. **Season premiere, 8 p.m., NBC**

'The Crimson Petal and the White'

DRAMA. In Victorian London, strong-willed prostitute Sugar (Romola Garai) is drawn into the life of wealthy businessman William Rackham (Chris O'Dowd). **Miniseries premiere, 8 p.m., Encore**

'MasterChef'

REALITY. It all comes down to a three-course meal prepared by the final two cooks: fan favorite Christine Ha and eliminated-but-back Josh Marks. **Season finale, 9 p.m., Fox** AMBER RAY

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▶ Bradley Cooper stars as the conflicted author Rory Jansen, opposite Jeremy Irons in "The Words."

CBS FILMS

Mr. Confident, suddenly scared

Bradley Cooper was shaken by his latest role, in a drama directed by his best friend ◐ 'I was worried I really didn't get Rory'

For Bradley Cooper, signing on to star in "The Words" — co-written and co-directed by his childhood best friend, Brian Klugman — was a no-brainer. But that doesn't mean he was entirely comfortable actually playing Rory Jansen, a struggling writer who discovers a lost manuscript and passes it off as his own, leading to overnight literary success.

"I was very scared that I was going to fail [Klugman and co-director/co-writer Lee Sternthal] when they asked me to do it," Cooper admits. "I said yes because I would do anything for them. Brian is my best buddy. It was a week before shooting, I was reading the script one last time, and he knew I was worried that I really didn't get Rory."

Quoted

"I don't see Rory as a slimebag at all. I see Rory as a man who's not really a man and grappling with what it is to be a man." COOPER

The multilayered film follows Rory's rise to fame while also telling the story recounted in the lost manuscript, a tragic love story set in post-World War II Paris between a young American G.I. (Ben Barnes) and French woman (Nora Arnezeder). Framing all of that is an established author (Dennis Quaid) retelling the entire tale, with a very interested listener (Olivia Wilde) pressing him for more details. The film itself gave Cooper a kind of thrill he hasn't necessarily gotten in a while, as Klugman "got me to places I didn't know I could get to," he says.

While the act of plagiarism at the heart of the plot may be tough for audiences to sympathize with, Cooper found a way of understand Rory's decision.

"It's much more complicated than a plagiarist who wants success. His goal is not to be a famous writer. His goal is to meet the expectations he has of himself," Cooper explains. "I don't see Rory as a slimebag at all. I see Rory as a man who's not really a man and grappling with what it is to be a man. I think his Achilles' heel is his impatience. And the thing I really liked about the script, and the hook for me, was the fact that he actually is a good writer. He's not a poor writer who's just looking for any way to get success, but he's just so preoccupied with living up to some idea [of] who he thinks he should be. That's his fatal flaw."

NED EHRBAR
METRO WORLD NEWS IN LOS ANGELES

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Please, don't people-please

Zen in the city

GABRIELLE BERNSTEIN
WWW.GABBYB.TV

There's a fine line between helping others and being a people-pleaser, and mistaking one for the other can be hugely detrimental. When we put others' needs before our own, we deplete our energy — which can lead to depression, physical illness and feeling overwhelmed. People-pleasing also can become so ingrained that it creates a victim mentality in us: People who give too much are susceptible to being taken advantage of, and then resentment sets in. If you've felt that resentment, you might think it's directed at others. Yet, underneath it is resentment toward yourself, for giving away your power. If you're a people-pleaser, chances are that that behavior stems from your own insecurities. We can seek a sense of self-worth in our ability to take care of others.

▶ "Sorry, I can't help out tonight. I've got a date with myself."

COMSTOCK

Becoming aware of this behavior is the first step to healing it. If you think you're someone who overly people-pleases, ask yourself the following:

▶ What am I trying to get by overly giving?
▶ What would happen if I stopped putting others first?

Answer these questions honestly and fearlessly, and see what feelings come up for you. As you review your answers, you'll find that hidden beneath your desire to serve others is a deep desire to feel good enough. Getting truthful with yourself about your need to people-please will help you begin to change the behavior.

Next, become conscious of putting yourself first. Dr. Christiane Northrup, a contemporary wellness pioneer, says, "If you don't fill your own cup up first, you'll have nothing to give." Self-indulgence is a radical act of self-care. At least once this week, do something kind for yourself. You don't have to spend money — bubble baths and movie marathons count. This may feel uncomfortable in the beginning, but it's important to create a new pattern of taking care of yourself first.

Lastly, start to create boundaries. If you're a people-pleaser, it's likely that folks have come to expect a lot from you. Start sharing with your friends and family members your desire to take care of yourself first. Letting others in on your shifts will help them help you.

There's nothing wrong with helping others — but your own physical, mental and emotional health must come first.

— Gabrielle Bernstein is the author of "Spirit Junkie."

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Yoga pose of the week

Plank Pose

Get into it

1 Start in downward-facing dog. Inhale and draw your torso forward until the arms are perpendicular to the floor and your shoulders are directly over your wrists. Your torso should be parallel to the floor.

2 Press your outer arms inward and press the basis of your index fingers into the floor. Firm your shoulder blades against your back and then spread them away from your spine. Spread your collarbone away from the breastbone.

3 Press your front thighs up toward the ceiling. As you do so, draw your tailbone away from the floor and lengthen it toward the heels. Lift the base of the skull away from the back of the neck and look straight down at the floor.

4 If you want to deepen the pose, open up the space between the shoulder blades. As you press the outer arms inward, push the inner borders of the shoulder blades into this resistance.

5 Hold the pose for up to one minute.

Benefits:
- Helps tone the abdomen
- Strengthens the arms, wrists and spine METRO

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Startup profile: The indie cafe

Think there are too many coffee shops in your area?
Turns out it's quality, not quantity, that matters

At first glance, it may appear that the cafe/coffee-shop business is approaching a point of maximum saturation in Northeastern cities. Not so, says Francisco J. Migoya, author of "The Modern Cafe," one of the seminal books on the business.

"There are an enormous amount of cafes and coffee shops that aren't as good as they could be. Many of these places will outsource a lot of their products. Sometimes, all they think about is coffee, and their pastries are made in a factory somewhere," says Migoya, who also teaches at the Culinary Institute of America. "In New York City there are maybe between seven and 10 very good cafes," Migoya adds. "So for somebody with a little bit of capital, who makes sure they're offering fresh, quality products, it's a really great business to be in."

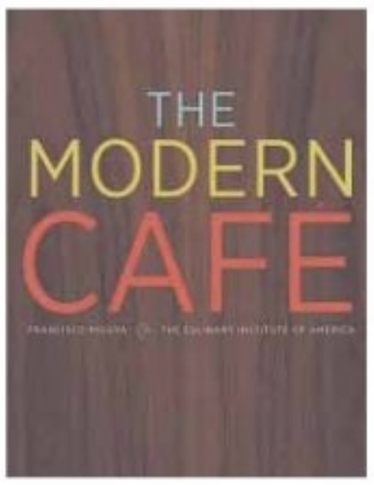
Longtime barista Brittney Lewis noticed a dearth of coffee quality in her Philadelphia neighborhood and, more importantly, a lack of positive community spaces.

In 2010 Leotah's Place Coffeehouse opened its doors in the Kensington section of the city. But Lewis quickly realized she had to upgrade her food offerings if Leotah's was going to survive.

"When I started, all I really had in my mind was coffee: direct-trade coffee. It's organic. I know the farmer. I know the roaster. And that's great, but that's all I had," says Lewis. "Once I got in the space, my customers demanded more food and higher-quality food."

Coffee still is the bread and butter at Leotah's. Lewis estimates that about 75 percent of her profit is strictly on drip coffee and lattes. But the food guarantees a steady flow of customers.

"It's a great business because the bar has been set fairly low," says Migoya. "So if you care about making a superb cup of coffee — if you care about simple, great, fresh bread — it's not that tough a climb to offer the customer something a little more than what they were expecting."



Quoted

"In New York City there are maybe between seven and 10 very good cafes, so for somebody with a little bit of capital, who makes sure they're offering fresh, quality products, it's a really great business to be in." FRANCISCO J. MIGOYA

BRUCE WALSH
bruce.walsh@metro.us

ROBERT HORNAK

▶ Brittney Lewis (pictured with son Gibran) built a thriving cafe in her Philadelphia neighborhood by thinking beyond coffee.

Your job search

When to follow up

During your job search, it's tough to know when to pester and when to hold back. Once you've applied — or after you've interviewed — how long should you wait before you start hounding a company? Of course, there's no steadfast rule on this, but some professionals do have strong opinions about timing.

Give employers some space

"Once you forward your resume to a firm," says Revi Goldwasser, managing partner with Wall Street Personnel, "I suggest waiting approximately two to three weeks to check in. That is sufficient. When you follow up, make sure to reference the job opening for which you applied, and resend your resume again. There's nothing more annoying than to have to go and look for your resume." And put yourself in the employers' shoes. You wouldn't want to be constantly contacted while trying to make a decision.

Quoted

"Regardless if you gain traction with this role, continue applying to jobs online, pursuing opportunities through networking and engaging with recruiters each week to maintain an active job pipeline." AMANDA AUGUSTINE

Find alternative ways to get the scoop

Your network is a fruitful resource for finding an opening, but it's also there to help give you insight. "Ask your inside contact if the job has been filled. They may know something about the process and they may not, but it is worth asking to see if they can shed light on the situation," says Lynne Sarikas, director of Northeastern University's MBA Career Center.

Don't pause your search

Until you've snagged the career you want, keep sending those resumes. A prospective position is just that — prospective. "Regardless if you gain traction with this role, continue applying to jobs online, pursuing opportunities through networking and engaging with recruiters each week to maintain an active job pipeline," explains Amanda Augustine, job search expert for TheLadders. "This will help stop you from dwelling on one job, as well as improve your chances of landing the right job."

JULIA WEST

STOCKBYTE IMAGES

▶ Can't wait to check in? We suggest giving it a couple of weeks.

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Job Openings of the Week

Enrollment Coordinators - OfficeTeam is working with a client to staff Enrollment Coordinators for a project with a leader in the Healthcare Provider industry. We are looking for Member Services/Enrollment candidates that are able to multi-task as they work with members to verify enrollment information, complete enrollment and application forms, and provide excellent customer service to members. Candidates must have Customer Service and/or Enrollment experience as well as feel comfortable making and fielding phone calls. Medicare & Medicaid experience preferred. $10-12/hour.

Administrative Assistant - OfficeTeam of Cambridge is currently working with a prestigious University in the Greater Boston area for an Administrative Assistant. The Administrative Assistant will be responsible for general administrative support within the department such as filing, faxing, data entry and answering the phones as well as creating files within the internal database. The Administrative Assistant must have 2+ years of experience within an office setting and be able to work independently. MS Office is a must and prior academia experience is a plus. $12-14/hour.

Front Desk Receptionist - OfficeTeam in Boston currently has an opening for an articulate, skilled Receptionist in a start-up company. This company was just ranked as one of the "Fastest Growing Companies" in the local Business Journal! In this role you will greet visitors, handle incoming calls and perform general administrative duties. You will also assist other administrative staff with overflow work, including word processing, data entry and Internet research tasks. $11-12/hour.

Executive Assistant - OfficeTeam is looking to hire an Executive Assistant for one of their top clients in downtown Boston. In this position, you will be responsible for supporting the entire executive team as part of the executive administrative staff. Job responsibilities will include calendar management, making travel and meeting arrangements, preparing reports and financial data, training and supervising other support staff, and customer relations. This is a great opportunity to get involved with a busy, growing firm. $18-22/hour.

To apply to any of these positions please forward your resume to jesse.murray@officeteam.com with subject: Metro Ad or call us at (617) 951-0036

Letters

letters@metro.us

The word toddlers and the GOP have in common

RE: "GOP'S GOT PEOPLE FEELING LUCKY AGAIN" (METRO, SEPT. 5) John McLaughlin seems to have missed the fact that for the past four years the GOP has been the party of NO. Romney is so dedicated to saying NO.

He voted against a health care program that is virtually the same one he implemented as governor of Massachusetts.

The GOP no longer compromises as both parties have done down through the ages.

To them, compromise is weakness. One man campaigned on the promise to get rid of Obama — not on what he would do for his state, not on what he hoped to gain for his constituents, just to get rid of Obama. I'm glad John seems to feel lucky again.

I just hope he is among the 1 percent because they are the only ones who will really benefit from a Romney presidency.

RACHEL GARBER, VIA E-MAIL

Oval Office seat too hot for both candidates

I can't for the life of me think of a good reason why Mr. Obama would want or should be given another four years to occupy the White House.

But then there's Mr. Romney, who is more suited to a retirement community in Florida than the White House.

BOB KEHL, VIA E-MAIL

More after this strategically placed commercial break

Elizabeth Warren was just getting into how "corporations are not people" the other night at the Democratic National Convention, when ABC quickly cut to a commercial. Just sayin'. I'm starting to think that this phrase is illegal.

WALTER PURCELL, VIA E-MAIL

European model gets better mileage

RE: "MILEAGE MANDATE PUTS ALL LIVES IN THE (TOO) FAST LANE" (METRO, SEPT. 5) The safety hazard decried by Joseph Dupont created by driving vehicles in different tiers of weight and quality of construction on the same (largely public roads) is what income inequality in America has always created.

It was always safer to be the one in Cadillac than the one in Studebaker Lark.

This went on steroids when Reagan exempted "light" trucks from fuel standards to become huge gas guzzling sport utility vehicles prone to rollovers from their high center of mass.

Eighteen-wheeler trucks are now a global competitive loser as container rail becomes basic for freight transport but they are still capable of running over even a Hummer.

Europe has had vehicles that get 50 miles per gallon for years while separate bike and foot paths, decrease auto trips, promote health, humanize the land and save lives lost to auto accidents.

JAMES E. VAN LOOY, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♍ Virgo **Aug. 23-Sept. 22.** You'll sparkle if you're involved in some kind of creative endeavor. This will be especially true if you have an imaginative partner.

♎ Libra **Sept. 23-Oct. 23.** Rather than leave important matters up to the capriciousness of fate, take charge of events yourself. You are the final arbiter of your own affairs.

♏ Scorpio **Oct. 24-Nov. 22.** Be a good listener, especially if you're with a group of friends who are discussing some new topics. There's a chance that what you learn can be used to your advantage.

♐ Sagittarius **Nov. 23-Dec. 21.** Conditions in general should be quite favorable for you over the next couple of days, especially where your material interests are concerned. Do something meaningful.

♑ Capricorn **Dec. 22-Jan. 19.** Knowledge gained from personal experience is one of our greatest assets. If you're stymied with something you're doing or with someone you know, look into the past for answers.

♒ Aquarius **Jan. 20-Feb. 19.** Your commercial affairs are best conducted in a secretive atmosphere, with only the people involved present. Outsiders or kibitzers will only cause confusion and complications.

♓ Pisces **Feb. 20-March 20.** If there is something pleasant you'd like to do, contact your closest friends first to see if any of them are interested in joining you. Hard feelings would result if you don't.

♈ Aries **March 21-April 19.** Cozy up to a friend or family member who can help you advance a career objective. The ladder to success will be much steadier with their cooperation.

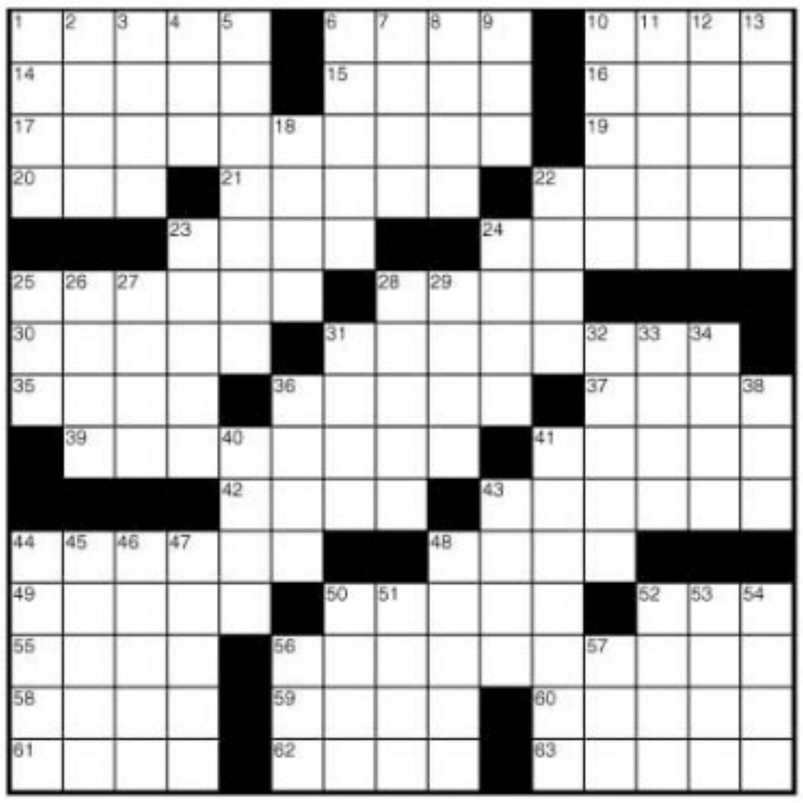
♉ Taurus **April 20-May 20.** Because you're an exceptional organizer, take it upon yourself to help an associate who is fumbling with a situation that you're familiar with.

♊ Gemini **May 21-June 20.** You're the catalyst who can unite the family to take on a common mission. The changes your clan will be able to effect will bring greater harmony to the entire household.

♋ Cancer **June 21-July 22.** It's an excellent day to discuss a critical matter with your mate. Reaching a collective conclusion will be far better than any answer arrived at individually.

♌ Leo **July 23-Aug. 22.** You should now be able to feel the effects of some influences that could be having a stabilizing effect on your family's finances. The changes will be obvious and worthy of further development. **BERNICE BEDE OSOL**

Across
1 Vice —
6 Count tree rings
10 Balcony section
14 Leafy vines
15 West Coast st.
16 Runs a fever
17 More than scary
19 Lesage hero Gil —
20 Mexican Mrs.
21 Cancels out
22 Name in tractors
23 Transfer money
24 Kind of handshake
25 Roils
28 Campus area
30 Cliffside abode
31 Reflect deeply (2 wds.)
35 Boys
36 Nickels and dimes
37 Appraise
39 Leave on a cruise (3 wds.)
41 Took a whiff
42 Puff of wind
43 Foot, slangily
44 Herb for kitty
48 Crocus "bulb"
49 Remote
50 Muffler
52 Me, to Miss Piggy
55 By – of hard work
56 Thrifty commuters
58 "Central Park in the Dark" composer
59 Toward shelter
60 Aboveboard
61 Zip
62 Some queens
63 Arboreal Aussie



Down
1 Limo riders
2 Even once
3 Hayworth or Rudner
4 Sun. homily
5 Just plain silly
6 Moriarty's creator
7 Seed covering
8 Decades
9 Turtle-to-be
10 Sticker
11 Fixed a squeak
12 Look daggers at
13 Ruhr Valley city
18 Minks, et al.
22 Extinct bird
23 Ankle opposite
24 Hoedown partners
25 BTU kin
26 Stack
27 Pakistan's language
28 Hushed
29 Radius neighbor
31 Rock's "cushion"
32 Indy 500 sound
33 Bridge position
34 66 and I-80
36 — de grace
38 Ben & Jerry rival
40 Nine-to-fiver's cry
41 Port in Virginia
43 Bullring bull
44 Plaza de Mina city
45 Still in the game
46 Copier ink
47 Untrue (2 wds.)
48 Billowing garments
50 Department store event
51 Subarctic tribe
52 MHz part
53 Spoken
54 Cuba, to Castro
56 Hack's vehicle
57 Zodiac sign

		7	4	8			6	
					6			
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			9			8		
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		6			3			
1	8		6		2	4	5	
			8					
	3			9	4	1		

SUDOKU **LEVEL: EASY**

6					8			3
4		5			6			2
3		7	1				4	
	1	3				5		
			3		1			
		9				3	7	
	6				4	2		5
9			6			4		8
1			2					7

SUDOKU **LEVEL: HARD**

Solution to the weekend crossword

D	A	B	B	E	D	■	E	P	A	■	G	O	A	T
I	D	E	A	T	E	■	D	I	G	■	A	R	L	O
T	E	E	T	H	E	■	G	O	O	■	L	I	E	N
■	■	■	M	O	R	N	I	N	G	G	L	O	R	Y
C	A	S	A	S	■	E	N	S	■	R	A	N	T	S
E	D	E	N	■	G	I	G	■	Z	E	N	■	■	■
L	I	L	■	W	A	G	■	L	E	A	T	H	E	R
E	E	L	■	A	S	H	■	A	B	S	■	U	N	A
B	U	S	T	L	E	S	■	C	R	Y	■	G	A	I
■	■	■	O	K	S	■	P	T	A	■	P	E	C	S
S	C	A	R	E	■	S	R	I	■	F	O	R	T	E
C	H	E	R	R	Y	P	I	C	K	E	R	■	■	■
R	U	S	E	■	I	A	N	■	E	L	O	P	E	D
E	T	O	N	■	P	I	C	■	P	O	U	R	E	D
W	E	P	T	■	E	N	E	■	I	N	S	E	R	T

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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PATRIOTS 34 | TITANS 13 **Next Sunday: vs. Arizona, 1 p.m., FOX**

▶ Tom Brady was all smiles after the win yesterday, but the blow he took to his nose early in the game was no laughing matter.

WESLEY HITT/GETTY IMAGES

Pats torch Titans in Week 1 victory

It wasn't quite a laugher, but Patriots beat Titans comfortably in 34-13 win ◐ Brady dinged up ◐ RB Ridley had finest outing of young career

Three things we learned in the Patriots 34-13 road win over the Titans:

1 ROOKIES IMPRESS
Bill Belichick had to love what he saw out of the rookies in their regular season debut. Chandler Jones, Dont'a Hightower, and Tavon Wilson got significant time on defense for New England, and fellow rookie Nate Ebner saw some time at safety late in the game. Jones and Hightower were quite the one-two punch early in the second quarter. Jones strip-sacked Titans QB Jake Locker and Hightower scooped up the fumble and ran it in for a six-yard touchdown. Hightower and Jones each had five tackles on the day, while Tavon Wilson had four. Wilson also had the Pats lone interception in the end zone after a Kyle Arrington tip. The Pats' rookie Class of 2012 is already looking like a strong one.

GETTY IMAGES

▶ Brandon Lloyd leaps over Coty Sensabaug yesterday.

2 RUNNIN' ON RIDLEY
Patriots second-year running back Stevan Ridley has shown flashes of brilliance in his time with the team, but Week 1's performance was the breakout game of his career. Ridley ran all over the Titans defense to the tune of 125 yards and a touchdown on 21 carries. He also had two receptions for 27 yards. His touchdown couldn't have come at a better time, as the Titans had cut the Pats lead to 21-10 prior to it. Ridley carried the ball four times on his scoring drive, including runs of 15 yards and 14 yards before pounding it in at the 1.

3 ANOTHER SEASON OPENER, ANOTHER WIN
The Patriots have a lot to be happy about after their 34-13 win over the Titans. For one, it looks like they've got a more than capable defense this season — something everybody has been calling for since 2005. How good was the Patriots run defense on Sunday? Ask Chris Johnson. The speedy back was completely ineffective on the ground, accounting for a measly four yards on 11 carries. On the other side of the ball, Tom Brady was up to his old tricks, spreading out the ball to all of his weapons. It was good to see Brandon Lloyd leading Pats in receiving yards with 69 yards on five catches, despite not connecting with Brady on a big one in the first quarter. Rob Gronkowski and Aaron Hernandez each had a touchdown — no surprises there.

JIMMY TOSCANO
sports@metro.us

The Live Feed

Metro's weekly running commentary on the Patriots:

- **1:05 pm EDT** First 3rd down of the season and Jake Locker completes a pass to Kendall Wright for the 1st down, the more things change the more they stay the same.
- **1:10:** Titans go for it on 4th and inches, Locker finds Jared Cook. Ah yes, I remember this Patriots defense well.
- **1:16:** Devin McCourty takes New England's first kickoff, I'll take him over Danny Woodhead or Julien Edelman ... but miss you already Jeff Demps!
- **1:22:** Phil Simms has his first Patriots-related orgasm, waxing poetic about the defensive line. On cue, the defense gets a stop on third down. Thanks, Phil.
- **1:19:** Nice 17-yard run by Stevan Ridley as the Pats go no-huddle. Yikes, Brandon Lloyd drops a relatively easy deep ball after getting turned around.

End of 1st: Pats 7, Titans 3

- **1:42:** Lloyd makes what looked like a beautiful 28-yard catch along the sideline, tapping both feet.
- **1:48:** Kamerion Wimbley sacks Brady on third down. He gets a bloody nose for his troubles. Uggs will not be happy about that.
- **1:53:** So yeah, Chandler Jones and Dont'a Hightower are good football players. Jones causes a fumble, Hightower scoops it up for a 6-yard fumble return and TD. Wow, love it.
- **2:02:** Tennessee comically interferes with Julian Edelman on a punt return. Brady looks like "Hurricane" Peter McNeely all bandaged up with gauze in his nostril.
- **2:05:** Ridley is up to 50 yards on eight carries. Stats are for losers but he really looks explosive.
- **2:07:** Brady throws one too far for Welker, who doesn't have a catch yet.
- **2:10:** Brady and Josh McDaniels are spreading it around beautifully, direct snap to Hernandez, pass to Edelman, pass to Welker.
- **2:13:** Bon Jovi and the Krafts hanging out in the press box. No doubt, Jonathan is checking his fantasy team on his iPad.
- **2:15:** First Brady to Gronk TD pass of the season.

For the complete Live Feed, please see Metro.com/boston/sports

3

In the news

RGIII impresses
In yesterday's biggest upset, the Redskins beat the Saints in New Orleans at the Superdome. Washington scored 10 points in every quarter to earn the victory as Robert Griffin III tossed two touchdown passes in his NFL debut.

ON TV TODAY

NFL

BENGALS AT RAVENS
7 P.M., ESPN

NFL Week 1 in pictures

San Francisco victorious at Lambeau

After seven months of waiting, the NFL finally returned with a full slate of action yesterday. A look at some of Sunday's better showdowns:

1: Alex Smith and the 49ers didn't waste any time in proving that 2011 was the real deal. **Randy Moss** had a touchdown catch in the 30-22 San Fran win at Green Bay.
2: Trailing 23-20 with just under two minutes remaining, **Matthew Stafford** led his team down the field and found Kevin Smith for the go-ahead TD in a 27-23 win over the Rams. **Calvin Johnson** caught six passes for 111 yards in the win.
3: JJ Watt was a happy man as his Texans beat the Dolphins, 30-10. **Arian Foster** ran for 79 yards and two touchdowns while Dolphins rookie QB **Ryan Tannehill** threw three interceptions in his first NFL start.
4: Matt Ryan threw three TDs, two to **Julio Jones**, as the Falcons beat the Chiefs, 40-24. Jones was one of the better fantasy performers of Week 1, as he had six receptions for 108 yards and a pair of touchdowns.

Tebow who? Jets throttle Bills with shocking offensive display

▶ Sanchez and Tebow, right, were all smiles yesterday as they ran out to a 21-0 lead and dominated Buffalo all afternoon.

The long-anticipated debut of the Wildcat looked more like the Mildcat.

Talked about ad nauseam since a March trade sent Tim Tebow to the Jets, the Wildcat offense was supposed to be an unpredictable new wrinkle in the Jets' arsenal. Instead, the Wildcat was tame at best in the Jets' 48-28 season-opening win over the Bills.

Tebow didn't throw a single pass and had five rushes for 11 yards in running the scheme.

The real star of the afternoon wasn't Tebow but starting quarterback Mark Sanchez. After a rough start to the game when he threw an interception on the opening drive, Sanchez settled down to go 19-of-27 for 266 yards and three touchdowns. ● KRISTIAN DYER

"Vindication [or a] chip on our shoulder — maybe that's not the right things. We were just excited to play."
REX RYAN, JETS HEAD COACH

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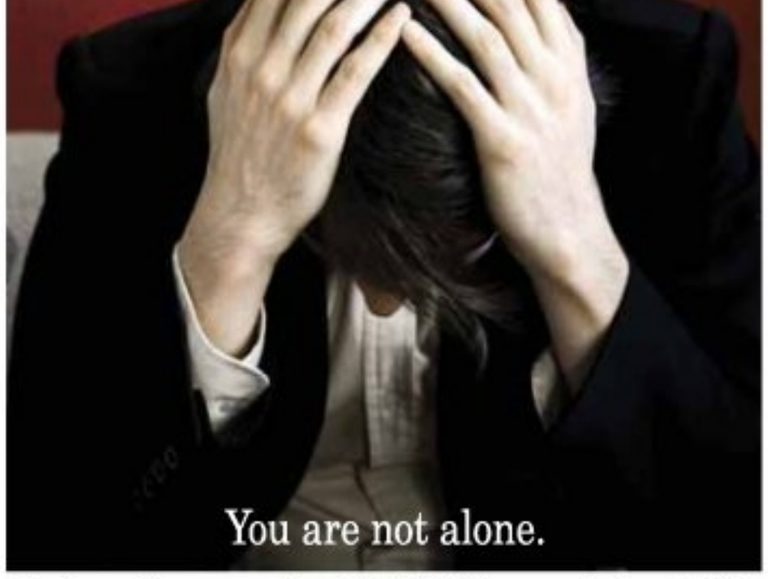

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